



**INGLÉS CASTILLA Y LEÓN**  
**CONVOCATORIA (ORDINARIA) JUNIO 2021**  
**OPCIÓN A**

**Ejercicio 1.**(Calificación máxima: 2 puntos)

Briefly answer only 4 out of the following 6 questions with only the data required.

1. In the phrase They dropped 15 percent from 2019 (l. 2), the word 'they' refers to ...
2. The data released by the Ministry of Public Security, what are they based on?
3. What have urbanisation and the one-child policy caused?
4. In the phrase the two-child policy it implemented (l. 12), the word 'it' refers to ...
5. What will happen in 2027?
6. In the short-term, which is China's trend in birth rates?

**Solución:**

1. Births in China
2. They based on household registrations.
3. A rapidly ageing population
4. The two-child policy
5. The Chinese population will begin to shrink
6. One of long-term decline

**Ejercicio 2.**(Calificación máxima: 1 puntos)

Are the following statements true or false? Indicate the lines that support your answer.

1. Chinese Authorities knew the population was going to be reduced, but the data released by the Ministry are higher than expected.
2. The two-child policy has strengthened birth rates and it will stop this temporary birth fall.

**Solución:**

1. "We've known for some time there would be a decline, but such a big drop was beyond our expectations" TRUE
2. "But the two-child policy it implemented has failed to strengthen birth rates. Academics expect China to further relax its birth policies, but also warn the moves may come too late" FALSE



**Ejercicio 3.** (Calificación máxima: 1 puntos)

Choose a or b, only one choice is correct according to the text

- a) The negative demographic situation in China will affect its position as a world power and it will create additional problems.
- b) Birth falls in China are related to Covid; once it is over, everything will come back to normal.

Solución:

The negative demographic situation in China will affect its position as a world power and it will create additional problems.

**Ejercicio 4.** (Calificación máxima: 2 puntos)

1 Choose one of the options below and find one word in the text for its definition (0.6 points):

- a) A group of specialists organized by a business enterprise, governmental body, etc, and commissioned to undertake intensive study and research into specified problems.
- b) To contract or lessen in size.

2 Find a synonym in the text for one of the two words below (0.6 points):

- a) imminent
- b) foresees

3 For one of the following words from the text, give a synonym that fits the meaning of the text (0.8 points):

- a) steep (line 4)
- b) issue (line 22)

Solución:

1.

- a) Academics. Expert
- b) To shrink

2.

- a) sharply
- b) anticipates

3.

- a) huge
- b) problem



**Ejercicio5.**(Calificación máxima: 4 puntos)

Spain has got an ageing population mainly in rural areas. Which measures should be taken to revive those wastelands?

**Solución:**

The ageing population in rural areas is a trend which has become urgent in recent years. If this tendency continues developing it will turn out to be such a big problem.

In order to confront this challenge, it is imperative to look for some effective measures.

Firstly, to ensure the stimulation of the population of the region, it might be interesting to promote activities related with nature, with their traditions and its conservation, in an ecological and sustainable way.

Secondly, Governments should propose new measures to activate agriculture or farming, for instance, enable financial rewards for young entrepreneurs. To such an extent, they will be offered the opportunity to take up this primary sector as a career. On this basis, improvement will be possible.

These ideas are just a sampling of what can be done to revive the current situation of those areas.



**INGLÉS (CASTILLA Y LEÓN)**  
**CONVOCATORIA (ORDINARIA) JUNIO 2021**  
**OPCIÓN B**

**Ejercicio 1.**(Calificación máxima: 2 puntos)

Briefly answer only 4 out of the following 6 questions with only the data required.

1. What systems are born from a single layer of embryonic tissue?
2. What happens when cortisol slows the production of beneficial oils?
3. What compromises the acid mantle and creates an inhospitable environment for the microbiome?
4. What keeps the skin plump and youthful?
5. What's the role of Vitamins A and C?
6. Does exercise decrease antioxidants?

**Solución:**

1. The brain and the skin
2. The skin starts to leak water and the cortisol stimulates the overproduction of sebum
3. The alteration of the skin's PH
4. The production of hyaluronic acid and collagen
5. Stabilize the unstable molecules to leave skin clearer, calmer, brighter and toned.
6. No, it does not. Exercise increases them.

**Ejercicio 2.**(Calificación máxima: 1 puntos)

Are the following statements true or false? Indicate the lines that support your answer.

1. As a rule, when the brain is very stressed, the skin is fresh and healthy.
2. Seldom does the exposure to cortisol prevent the creation of collagen.

**Solución:**

1. "Two seemingly separate but inherently interconnected systems are born: the brain and the skin. They are bound for life" FALSE.
2. "Chronic exposure to cortisol also inhibits the production of hyaluronic acid and collagen". FALSE



**Ejercicio 3.**(Calificación máxima: 1 puntos)

Choose a or b, only one choice is correct according to the text

- a) Cortisol is the responsible for the production of beneficial oils.
- b) According to Dr. Bowe, "50% of our stress is not the stressor itself."

Solución:

A) Cortisol is the responsible for the production of beneficial oils.

**Ejercicio 4.**(Calificación máxima: 2 puntos)

1 Choose one of the options below and find one word in the text for its definition (0.6 points):

- a) A duty or misfortune that causes hardship, anxiety, or grief; a nuisance.
- b) Harsh and difficult to live in.

2 Find a synonym in the text for one of the two words below (0.6 points):

- a) repair
- b) damage

3 For one of the following words from the text, give a synonym that fits the meaning of the text (0.8 points):

- a) mass (line 1)
- b) types (line 4)

Solución:

1.

- a) burden
- b) inhospitable

2.

- a) Address

3.

- a) group
- b) class

**Ejercicio 5.**(Calificación máxima: 4 puntos)

If you were a doctor, what would you suggest that your patients should do to reduce their daily stress?

Solución:

Pretending to be a doctor when not, is such a big mistake which we should not assume.

Despite this, there are some general ideas, logical and prudent, which can be adapted and which we can suggest to our most close friends with the purpose of removing the burden of being too much stress in their daily life. However, if the



issue falls into a routine, the best suggestion that we can make is to consult with a specialist.

In order to give some advice, if it were up to me, I would propose to take quality time for ourselves. It may be so simple but, nowadays, it is becoming very weird to have enough time to think about our ambitions, the people we love, or the things we like.

It is not only about resting, watching Netflix and, finally, disconnect; in fact, it is about making the most of our free time.

In addition, another action to take into account: stop taking the blame for all which occurs to ourselves. Much of the difficulties we must face in life, happen accidentally. So, there is no need to feel responsible of them: let's accept them and move on.

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