



INGLÉS
CONVOCATORIA ORDINARIA JUNIO 2024
OPCIÓN B LETRAS

Ejercicio 1. (Calificación máxima: 2 puntos)

Are the following statements TRUE or FALSE? Copy evidence from the text. No marks are given for only TRUE or FALSE.

- a) Chicken soup is a recent remedy for illness.
- b) When we are ill, the taste of chicken soup makes us feel hungry.

Solución:

- a) False. "For centuries, people all around the world have been making chicken soup when someone is sick and it's a tradition that has been passed down through generations." (P. 1, L. 1 – 2).
- b) True. "In particular, it has been proved that its taste stimulates our appetite when we are sick." (P. 4, L. 16 – 17).

Ejercicio 2. (Calificación máxima: 2 puntos)

In your own words and based on the ideas in the text, answer the following questions. Do not copy from the text.

- a) Which two characteristics make chicken soup well liked?
- b) Why do people with a respiratory disease stop eating?

Solución:

- a) The two traits that make chicken soup so popular are its warm, comforting temperature and its varied flavours.
- b) People suffering from respiratory diseases stop eating because their throats are usually swollen and it hurts to swallow, so they lose their appetite.



Ejercicio 3. (Calificación máxima: 1 puntos)

Find the words in the text that mean:

Solución:

- a) really (paragraph 1) – actually
- b) meaningful (paragraph 3) – significant
- c) treatment (paragraph 4) – remedy
- d) possible (paragraph 4) – potential

Ejercicio 4. (Calificación máxima: 2 puntos)

Complete the following sentences. Use the appropriate form of the word in brackets when given.

Solución:

- a) Speaking (speak) English will help you find a job when you grow up (grow up).
- b) Mary went (go) shopping and found better (good) offers than me.
- c) Neither John nor Paul can cook a tasty meal under pressure.
- d) Complete the following sentence to report what was said:
“Did you like chicken soup when you were a child?”, she asked me.
She asked me if / whether I had liked chicken soup when I was a child.

Ejercicio 5. (Calificación máxima: 3 puntos)

Write about 150 to 200 words on the following topic.

Describe and justify what a healthy diet is for you.

Solución:

In the last century and a half, and especially following the spread of social media, many regimes have been proposed as the most optimal for nutritional intake. Nevertheless, I believe a simple, straightforward option is the best.



For starters, if we plan our dishes with balanced nutrition in mind, we will always add sources of protein, carbohydrates, fats, vitamins, minerals and water. As such, a standard lunch would include meats or legumes, vegetables, tubers like potatoes or carrots, doughs or grains like pasta or rice, and even a piece of fruit, which are commonly rich in sugars. In other words, a regular meal can easily cover our nutritional needs.

Even so, despite how simple this sounds, we need to think long and deeply about how we mix different foods so that they complement each other. For instance, all sources of carbohydrates include other substances like starch, fibre or flour, so we should alternate them through the day, the week and even the month if we want our regime to be truly complete.

In summary, with regards to nutrition, I believe simple and thoughtful is the best way, although we should remember that no diet will ever be complete without exercise.